

# Leadership Montgomery Legacy Class XXXVI YMCA “Y Achievers” Project



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY



# Group Members



M O N T G O M E R Y

# Who Are We?

**Cristy Andrews**  
MBA, CPA

- Partner
- Warren Averett

**Dr. Nick Hamilton**  
D.Min, BCC

- System Director of Spiritual Care
- Baptist Health

**Dee Jones**  
SPHR

- Human Resource Director
- GKN Aerospace

**Dr. Denise A. Vaughn**  
PhD

- Director of Academic Labs and First and Second Year Experience
- Alabama State University

**Gena D. Richardson**  
MS, LPC, NCC

- Owner/ Psychotherapist, Richardson & Associates
- Interim Executive Director, The Arc of Alabama

**Lynn M. Bius**  
BS

- State Executive Director
- Alabama Network of Children's Advocacy Centers, Inc.

**Ben Schlemmer**  
CAPT.

- Captain
- Montgomery Police Department

# Project Request

**What?** “The **Y Achievers program** is an academic /career development initiative purposed to help high school students set and pursue high educational and career goals, resulting in graduation and acceptance to an institution of higher learning.”

**Who?** “We need adults to serve as mentors to assist teens in completing college applications, ACT prep, financial assistance forms, and scholarship applications.”

**Why?** “We want to partner with Legacy Class Members to work with YMCA to create innovative ways to prepare youth for life beyond high school.”

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# Initial Concept

<b>Dates</b>	<b>Action</b>	<b>Role</b>
<b>9/28</b>	<b>Tuskegee Open House</b>	<b>Project Team</b>
<b>10/10</b>	<b>One hour Q&amp;A with AUM</b>	<b>Project Team</b>
<b>10/24</b>	<b>Career Day - Finance Career Discussion</b>	<b>Project Team</b>
<b>11/14</b>	<b>ACT Review (Math)</b>	<b>Speaker/ Project Team</b>
<b>1/9</b>	<b>ACT Review (Science)</b>	<b>Speaker/ Project Team</b>
<b>1/23</b>	<b>Career Day - Nurse/Doctor Career Discussion</b>	<b>Speaker/ Project Team</b>
<b>2/13</b>	<b>ACT Review-Reading/English</b>	<b>Speaker/ Project Team</b>
<b>2/27</b>	<b>Career Day – Engineering Career Discussion</b>	<b>Speaker/ Project Team</b>
<b>3/12</b>	<b>ACT Review – Reading/English</b>	<b>Speaker/ Project Team</b>
<b>3/26</b>	<b>Career Day- Banking/Legal Career Discussion</b>	<b>Speaker/ Project Team</b>
<b>4/9</b>	<b>Career Day – Military Recruiter</b>	<b>Speaker/ Project Team</b>
<b>4/23</b>	<b>YMCA Achievers Banquet</b>	<b>Speaker/ Project Team</b>

# Ongoing Challenges

- Conflicting school priorities/schedules amongst the Y-Achievers participants
- Lack of transportation for Y-Achievers to attend each event
- Limited meeting location capacities at YMCA
- Scheduling conflicts between YMCA and Project Team
- Montgomery school closures to mitigate COVID-19 challenges

# Modified Concept

Two  
Saturday  
Mornings

- ❑ Session 1 – January 25<sup>th</sup>, 2020: 9:00am-2:00pm
  - Financial guidelines overview
  - Admissions process review
  - Choosing the right college major for career goals
  - Personal brand awareness
- ❑ Session 2 – March 28<sup>th</sup>, 2020: Cancelled to limit exposure to COVID-19
  - ACT Science Preparation (2 hours)
  - ACT Math Preparation (2 hours)
  - ACT English/Reading Preparation (2 hours)

# Modified Concept



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## Y ACHIEVERS

2019 – 2020  
AFTER-SCHOOL PROGRAM

Y Achievers is a group of high school students that strive to develop their character and leadership skills. Students participate in educational programs that prepare them for life beyond high school. The Y Achievers will provide programs that build skills in academics, college knowledge, positive relationships, life skills and positive identity.



**Locations:** Bell Road Y, Kershaw Y and Midtown Y  
**Interest Meeting:** August 29th – Bell Rd YMCA at 6pm

**Registration Fee:**  
\$30 non members  
Cost includes 1-year individual membership to the YMCA of Greater Montgomery.

**Contact Information:**  
Natasha Foster – Midtown Y  
nfoster@ymcamontgomery.org  
(334) 219-4586  
Jessica Owens – Kershaw Y  
Jessicaowens@ymcamontgomery.org  
(334) 265-1433  
Kenneth "KJ" Davis Jr. – Bell Rd Y  
kdavis@ymcamontgomery.org  
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# Modified Concept



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## ACT OVERVIEW

HOSTED BY LEADERSHIP MONTGOMERY  
WITH AUBURN UNIVERSITY MONTGOMERY

**We all know that taking the ACT can be a nerve-racking and stressful experience. It doesn't have to be though. Join us at Bell Road YMCA while we go over test taking tips and strategies to make this ordeal a positive and enlightening one.**

**Location: Bell Road YMCA (2435 Bell Rd, Montgomery, AL 36117)**  
**Meeting Day: October 10th**  
**Registration Time: 5pm-7pm**

**Open to Grades 9th-12th**



**Contact Information:**  
**Natasha Foster** [nfoster@ymcamontgomery.org](mailto:nfoster@ymcamontgomery.org)  
(334) 219-4586

YMCA OF GREATER MONTGOMERY

SHIP  
R Y

# Project Implementation

## Session 1

### Special focus of session 1

- Career Planning
- Paying for College
- FAFSA 101
- Personal Brand Awareness

### Schedule

- 8:30 – 9:00 AM Registration and snacks
- 9:00 – 9:20 AM Welcome from Leadership Montgomery Team
- 9:30 – 10:30 AM Group Session One: “Paying for College”  
FAFSA 101, ASU
- 10:40 – 11:30 AM Group Session Two: “The Admissions Process  
Choosing a Major”, ASU Admissions Office
- 11:30 – 12:30 PM Lunch
- 12:00 – 1:00 PM Keynote Speaker: “Personal Brand Awareness”,  
Ronda Walker
- 1:00 PM Closing Remarks

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# Project Implementation Session 1

## YMCA of GREATER MONTGOMERY Y Achievers

You are invited to a college recruitment event for high school students from all backgrounds who may be the first of their family to attend college. The YMCA of Greater Montgomery and Leadership Montgomery are partnering together to bring you this exciting and informative event.



**Saturday, January 25, 2020**

**Baptist Resource Center Auditorium**

**Corner of South Blvd and Narrow Lane Rd**

**9:00am—12:30 pm**

**Cost: Free**

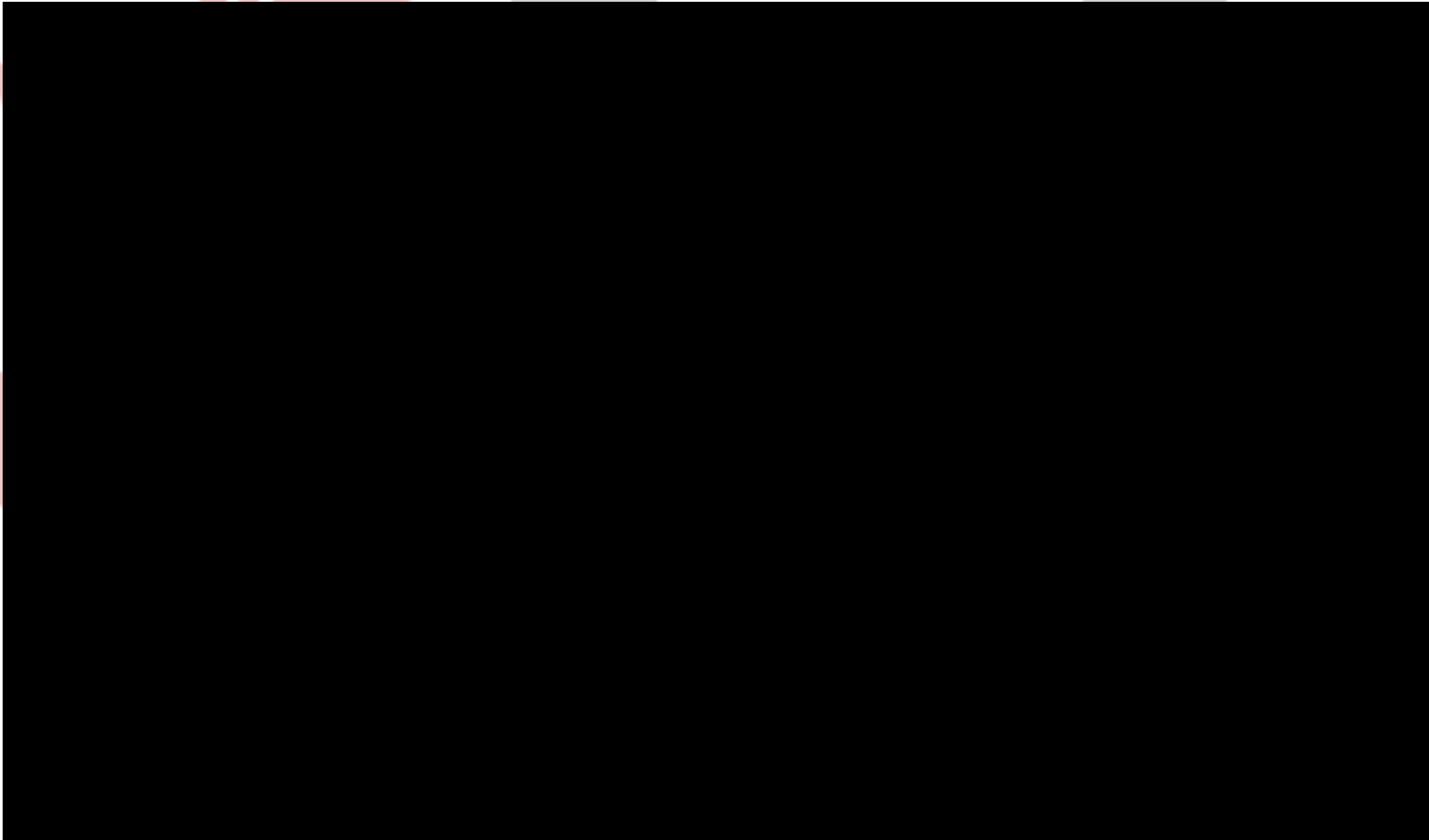
**Register online at:** <http://bit.ly/YMCACollegeReady>

**Keynote Speaker: Ronda Walker**

**Breakout Session Topics:**

- "Paying for College" FAFSA 101
- College Admission Process
  - Choosing a Major

# Alabama News Network



M O N T G O M E R Y

# YMCA Promotions

<https://www.facebook.com/YMCAofGreaterMontgomery/videos/137827294272658/>



**JAN 25** Y Achievers College ready Teen Summit  
Public · Hosted by YMCA of Greater Montgomery and Leadership Montgomery

✓ Going ▾

Your response is visible to the hosts and Friends ▾

🕒 Saturday, January 25, 2020 at 9 AM – 12:30 PM  
about 4 months ago

📍 YMCA of Greater Montgomery



College ready  
ACT Prep



LEADERSHIP  
T G O M E R Y

# Future Opportunities

- Additional collaboration and participation with all parties involved



YMCA Director



Y-Achievers

**Project**

Project team- or future teams



Development of pilot programs in other leadership classes such as Torchbearers

# Supporting Organizations: Partners- Who & What

## Baptist Health

- Host location @ no cost



## GKN Aerospace

- Lunch sponsor @ no cost



## Alabama State University (ASU)

- Speakers sponsor @ no cost





# Questions?

